



In partnership with Alzheimer's Association

DEMENSIA TALKS

amaymca.org/mental-health

Caring for a person with Alzheimer's or dementia often involves a team of people. Whether you provide daily caregiving, participate in decision making, or simply care about a person with the disease — we're here to support you. Drop into our free Demensia Talks with experts from the Alzheimer's Association.



Monday, May 20 - 10:00am
Location: Central YMCA (2200 S. Davis)



Tuesday, May 21 - 10:00am
Location: Cooper Street YMCA (7120 S. Cooper)



Thursday, May 23 - 6:00pm
Location: Mansfield YMCA (78 Regency Pkwy.)



Wednesday, May 29 - 6:00pm
Location: North YMCA (1005 Skyline Drive)

