



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

Central YMCA

ARLINGTON-MANSFIELD AREA YMCA



## August 15-September 4

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:15-9:00am	CLOSED	Deep Water Fitness No Lap Lanes Open	CLOSED	Deep Water Fitness No Lap Lanes Open	CLOSED	CLOSED	
9:00am-6:00pm	CLOSED	CLOSED	CLOSED	CLOSED	POOL OPENS 3:00PM ----- Open/Family Swim 1 Lap Lane Open	Swim Lessons 9:00AM-11:00AM --- Open/Family Swim 2 Lap Lanes Open	Family Swim 1:00-5:00pm --- LAST DAY POOL IS OPEN IS SEPT. 5
					CLOSES 5:45PM	CLOSES 4:45PM	

**Labor Day Hours: Monday, September 5**

**Pool Hours are 9:00am-4:45pm | Open/Family Swim Only**

COLOR KEY CODE:



Group Fitness (free)



Lap Swim/Water Walking/Family Swim (free)



Swim Lessons (paid)