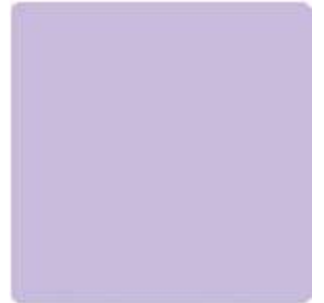




BETTER TOGETHER



2016 ANNUAL REPORT
ARLINGTON-MANSFIELD
AREA YMCA

BUILDING A BETTER COMMUNITY...TOGETHER

Dear Friends,

Since our YMCA opened its doors to local citizens in 1958, our commitment to improving the lives of families across the community has persevered. Today, we continue to build on opportunities to improve individuals' lives and serve all families regardless of their circumstances. As the popular saying goes, "it takes a village" to make an impact.

At the YMCA, we have been able to leverage our resources and services to Arlington-Mansfield area residents through the generosity and partnership of many friends who firmly believe in our mission. Last year was particularly a hallmark year for our Family Centers in expanding their services to thousands of children and their families through our partnership with public, private and charter schools with our summer day camps and afterschool childcare programs. Partnerships like these are the reason that our Y continues to be the leading provider of licensed childcare in this community.

Thanks to the support of organizations like the United Way of Tarrant County and MHMR, we have been able to impact the lives of participants in our YMCA Diabetes Prevention Program and our Special Friends Program in 2016. And thanks to the generosity and can-do spirit of caring individuals like Bill and Shari Bowie, we have been able to award over \$500,000 in financial assistance to families in need and provide over 126,000 free meals to children in our childcare programs.

These are just a few examples of the great things we do together to build a stronger community. As we continue to carry out the Y's mission, we anticipate creating new partnerships and endeavors that will drive our community to a brighter tomorrow.

Thank you for our commitment and support in making our community better together



Glynda Patterson
Chief Volunteer Officer
Arlington-Mansfield Area YMCA



Roberto E. Aguirre
President & CEO
Arlington-Mansfield Area YMCA



Roberto E. Aguirre
President & CEO

“ The story of our Y is one that inspires building a stronger foundation for thousands of families in the community. We bridge the gap for many children and adults to achieve healthier and happier lives. ”
– Roberto E. Aguirre



Glynda Patterson
Chief Volunteer Officer

“ Here at our YMCA, we stir together Faith, Fellowship, and Family Values; then we blend in Healthy Lifestyles and Lifelong Friendships; finally, we sprinkle with Kindness, Respect, and Generosity...because... TOGETHER, We are a Better Us! ”
– Glynda Patterson

YMCA CHILDCARE PROGRAMS

Building strength for kids to succeed

At the Arlington-Mansfield Area YMCA, children and teens are able to realize their full potential by developing their social, emotional, cognitive and physical development. Our constant partnerships with local public, charter and private schools through the YMCA summer day camps and after school childcare programs have unlocked the potential of thousands of kids like Dalton and bring smiles to their faces. Dalton, who was then 8 years old, walked into the Y's summer camp with some level of uncertainty. Dalton was on the autism spectrum and had difficulty playing with other children. Dalton started the summer with some good days and others, rather challenging. Dalton was mainly quiet and kept to himself.

Through the support and encouragement of YMCA staff, Dalton began to come out of his shell and made new friends. By the end of the summer, Dalton became a chatterbox, sharing his entire day with his mom when he was picked up from camp! "It was the best summer ever for him," says his mom. Dalton is now 10 years old and has been with the Y for two years. Our program has accommodated Dalton's needs, and he always feels welcomed at the Arlington-Mansfield Area Y.



Thanks to our partnerships with **Arlington ISD** and **Mansfield ISD**, along with **charter and private schools**, we have been able to inspire the hearts, minds and spirits of **2,434 children** through summer day camps and the after school childcare programs in 2016.

“ We are grateful for the support from the Y. Otherwise I don't know what we would have done. ”

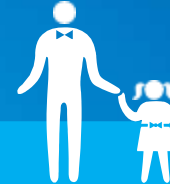
- Dalton's mom

IN 2016, WE WORKED TO NURTURE THE POTENTIAL OF EVERY CHILD AND TEEN FOR A BETTER TOGETHER:



946

Boys & girls had
fun at summer
day camps



330

Fathers & children
bonded through our
father/child program



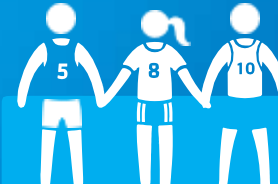
1,488

Students
participated in
before & after
school childcare



3,047

Children developed
their skills in
swimming programs



9,293

Children remained
physically active
through youth sports
programs

IN 2016, WE REACHED OUT TO OUR COMMUNITY TO IMPROVE THE HEALTH AND WELL-BEING FOR A BETTER TOGETHER:



127

A

Adults took part in the YMCA's Diabetes Prevention Program



7,163

Seniors participated in our active older adult program



50,000

Average hours per week that our youth took part in physical activities during our after school childcare program



492

Youth participated in the Y's youth & wellness program



11,068

Members accessed our Y's every week in an effort to improve their health & well-being

DIABETES PREVENTION PROGRAM

Improving our community's health and well-being

At the Y, we enhance the quality of life in our community by helping individual, kids and families improve their health and well-being. With a focus on prevention, we give people the resources and support they need — whether their goal is to maintain wellness, reduce the risk of chronic disease or reclaim good health.

For instance, the Y has empowered Alba to achieve her goals of losing weight and to maintain a healthy new lifestyle. After retiring, Alba and her husband had big plans to travel. Knowing she could have a serious medical situation, she sought help through the YMCA's Diabetes Prevention Program (YDPP) after receiving a letter about the program in the mail. Alba was determined to change her lifestyle, by incorporating more exercise and learning a healthier way to eat. After the one year program, Alba is now healthier, happier and 25 pounds lighter. Her healthier habits even rubbed off on her husband.



“ I am so happy to be a part of this program. I used to wear a size 14, now I’m a size 10! I wore that size when I was 42 years old and now I weigh the same 25 years later! ”

- Alba, YDPP Participant

Thanks to our valuable partnership with **United Way of Tarrant County**, the Y’s Diabetes Prevention Program has changed the lives of **127 participants** in 2016 and a **total of 303** since the program’s inception.

YMCA FOOD SERVICE PROGRAM

Teaming up to fight hunger

At the Y, we believe that a child should never go hungry. That is why the Arlington-Mansfield Area YMCA offers its **Food Service Program** to the community. Any child 18 and younger can receive free breakfast and lunch at qualified day camp sites and at our three Family Centers during the summer months. Free dinner is served during the school year at 14 of our afterschool childcare programsites.



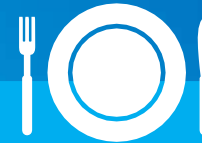
Through our partnership with the **Texas Child and Adult Care Food Program (CACFP)**, **Walmart and FP Sponsor**, more than **126,000** free nutritional meals were served to children across the Arlington-Mansfield community in 2016.

IN 2016, WE CONNECTED WITH OUR COMMUNITY BY GIVING BACK AND PROVIDING SUPPORT TO OUR NEIGHBORS FOR A BETTER TOGETHER:



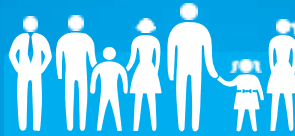
98

Gifts were given to children in need from members, volunteers & staff as part of our angel giving tree during Christmas



+126,000

FREE meals were provided to children in our childcare programs



\$502,029

Was awarded in financial support to families & individuals in need



\$2,445

And two truck beds of canned goods were donated to Mission Arlington



600

Backpacks & school supplies were given to children in need in AISD & MISD



Coach Bill Bowie, 1994



Board Chair, 2004 – 2005
Arlington-Mansfield Area YMCA

Bill and Shari Bowie



A LEGACY OF COMMUNITY SERVICE AND LEADERSHIP

The Y Launches Bill and Shari Bowie Community Leadership Award

Giving comes as second nature to **Bill and Shari Bowie** when it comes to supporting the community they love. From volunteering their time to local organizations to providing generous gifts to countless charities, the Bowies have given much to transform thousands of lives.

Yet they are humbled by the recognition that the Arlington-Mansfield Area YMCA has established to honor their legacy. **The Bill and Shari Bowie Community Leadership Award** will be presented to outstanding volunteers who exemplify the spirit and commitment of the Bowies to the local community.

“Bill and Shari Bowie have made a profound impact to the Y and to this community over the years through their outstanding service and generosity,” says **Roberto E. Aguirre**, President and CEO of the Arlington-Mansfield Area YMCA. “ Our leadership on the YMCA Board of Directors, as well as our entire association, thought it would be a great opportunity to honor their legacy by establishing this award in their name.” The Bowies have devoted

their time and generosity to the local Y ever since Bill Bowie started his days as a volunteer basketball coach in the early 1990s. Bill served on the YMCA Board of Directors at the turn of the 21st century, providing his valuable leadership and expertise as Board Chair in 2004-2005. The Bowies have also given generously to the Y to provide financial assistance to families in needs.

Apart from the Y, the Bowies have also dedicated themselves to many other local, national and international charities, impacting the community at a much broader level. Among other organizations they hold dear to their heart include **Trinity United Methodist Church (their local church), Trinity Sports Foundation, Salvation Army, SafeHaven, Arlington Urban Ministries, American Cancer Society, UNICEF, Truth for Life, Levitt and Arlington Policemen’s Foundation** – to name a few!

The Bowies continue to remain involved with the Arlington-Mansfield Area YMCA and through these other organizations. Because of their example, they truly represent the spirit of making our community **better together!**



COMMUNITY LEADERSHIP AWARD

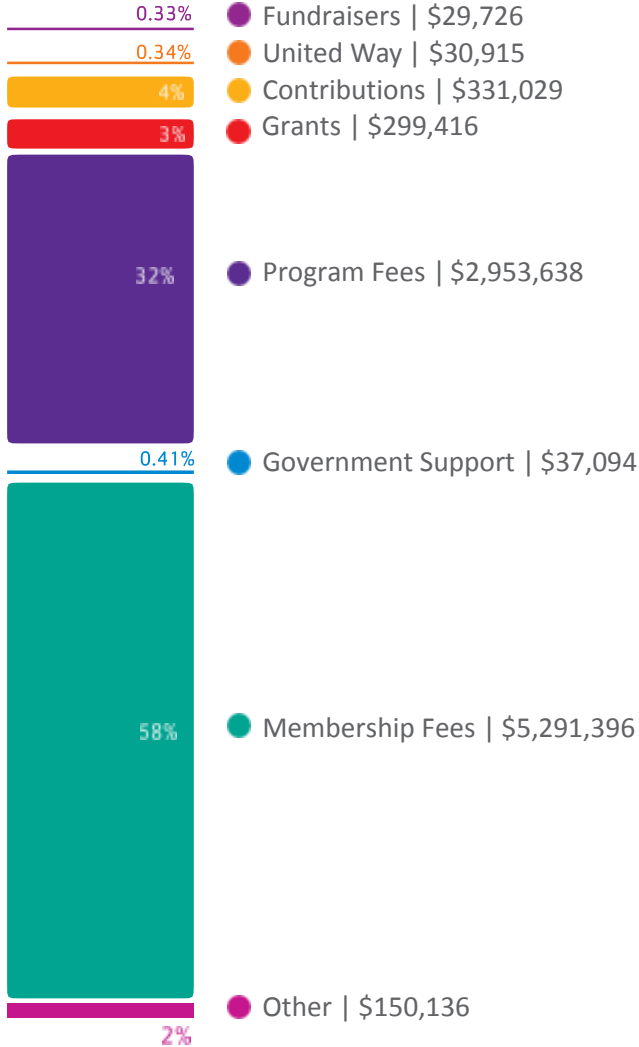
“ What we found most appealing about the YMCA is the fact that it is Christian-based...and that no one EVER gets turned away (NO ONE). ”

- Bill Bowie, interview with Arlington Today Magazine

2016 FINANCIAL OVERVIEW

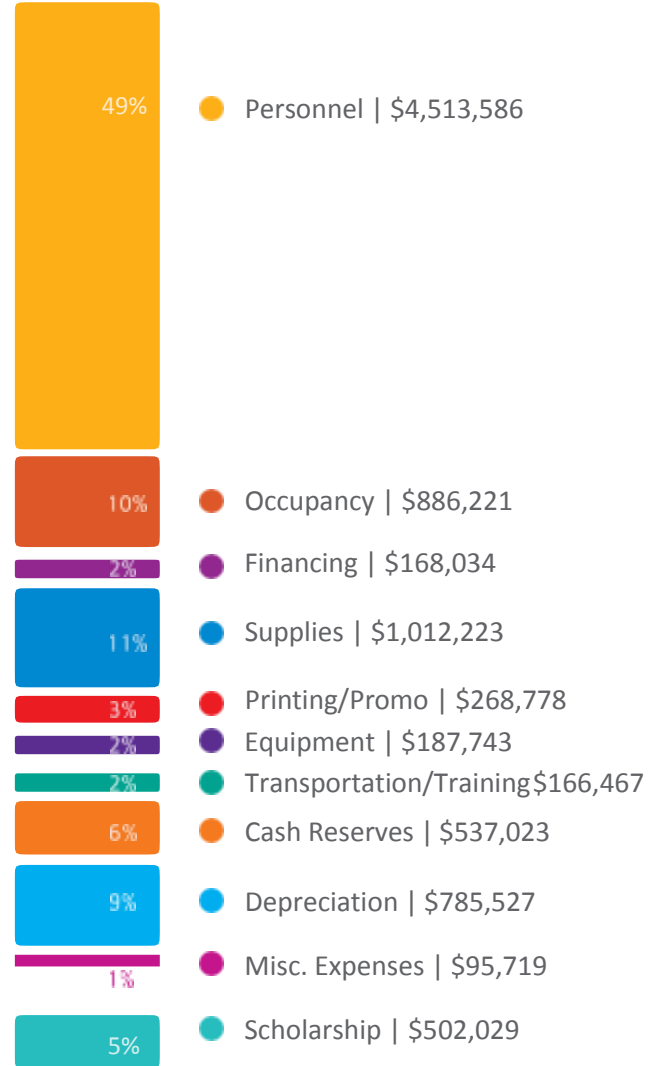


INCOME



TOTAL INCOME
(Unaudited) **\$9,123,350**

EXPENSE



TOTAL INCOME
(Unaudited) **\$9,123,350**

MEMBERSHIP SUMMARY

63,146 TOTAL MEMBERS & PROGRAM PARTICIPANTS

38,559
COOPER STREET YMCA
FAMILY CENTER

14,754
CENTRAL YMCA
FAMILY CENTER

9,833
NORTH YMCA
FAMILY CENTER





BETTER TOGETHER

Arlington-Mansfield Area YMCA

DIAMOND CLUB (\$25K+)

First Rate Inc.

TITANIUM CLUB (\$10K - \$24,999)

Shari & Bill Bowie N

the Zone

Six Flags Hurricane Harbor

PLATINUM CLUB (\$5K - \$9,999)

Communities Foundation of Texas

Frost Bank

Lockheed Martin AERO Club National

Christian Foundation of North Texas

Glynda & Charlie Patterson Wilkinson

Sonic Group

GOLD CLUB (\$2,500 - \$4,999)

Patricia & Roberto E. Aguirre Liz
& Claude Cunningham

Enterprise Holdings Foundation

First Bank Texas

Teresa & Terry Gaines

Linda & Val Gibson

Suzanne McElroy Mike

McWithey

Cathy & Chris Olson Pepsi

Bottling Group, Inc.

Bonnie & Alan Petsche

Property Paving

The Fields Church

Bruce & Sue White

Sue & Paul Wilhide

CHAIRMAN'S ROUND TABLE

(\$1K-\$2,499)

Marc Anduss

Brandy Austin

Kate & Richard Baird

Rick Bay In Memory of

Richard Bay

Jeannie Benson

Chris Buie

The Cárdenas Family Chisholm

Trail Jeep Club Coldwell

Banker Commercial Alliance -

Dallas - Ft. Worth Sally & Bob

Cole

Kim & Scott Crawford Michael

Crnkovich - In Memory of

Joseph Crnkovich The

Culpepper Family

Barbara & Charles Curreri

Tricia & Ed Dalheim Brenda

& Kyle Davidson Steve &

Stacy Dellasega

Distinguished Trophies

E. T. Cooling & Heating, LLC

Alycee Evans

Fielder Park Dental

Mary Ann & Bill Fikes Mayor

Kimberly Fitzpatrick TeShay

Flowers

Forever Green Landscaping &

Lawn Care

Max E. Fox

The Gastrock Family Alice

& Jack Gilhart

Give With Liberty Employee

Donations

Grace Lutheran Church

Patty Hagerty

Lee Harbaugh

Heidi & Michael Hardy

Jeff & Holly Hattendorf

Hutcherson Construction

Tracey & David Jackson

Irene Johnson

Barry Kemball-Cook

Dee & Warren Leake

LMEPAC Charity Program

Lockheed Martin Missiles

and Fire Control Employee

Charity Fund

Jim Luttrell

Matrix Fitness

Debbie & David McWethy

Jerry & Janie Mechell

Methodist Mansfield

Medical Center

The Mohorc Family

Colby Nicks Octane

Fitness

The Oszustowicz Family

Malcom & Jeanetta Payne

Michael Peacock

Don & Andrea Proctor

Randol Mill Pharmacy

Mike & Jill Regina Janet

& Chris Ringel The

Runner

The Schanzers

Peggy & Steven Shaw Ron

Smith

Peggy Strange

Sutton Frost Cary, LLP Sue

Taylor

Eugene & Emogene Toms State

Representative

Chris Turner

Robert A. Unger Family Fund

Victory Communications

In Memory of Shelley Vidrine

Rob Walker

Zthernet

BENEFACTORS

(\$250 - \$999)

Arlington West Rotary

AT&T YourCause Betty

Auth

Lacey Bailey

Steve Beach

Gloria Bender

Donald Boese

Kit Boggs

Joe Bowers

Michael John Brehm

Andrew Broden

Christa Brown Dawn

Brown

Mark Calagna

Mark Cannon

Central After School Fundraiser

Elizabeth Choate

Robert E. Clark

Anne Coker

Cooper After School Fundraiser

Rob Covington

Shawn Curran

Dawn Patrol – Alan Plummer
 Dawn Patrol – Charles Tracy
 Dawn Patrol
 Dallas Ft. Worth Metroplex CFC
 Lindsay & Juan Fernandez
 Lezlie Ferrell
 Fidelity Charitable Gift Fund
 Sylvia Gleaton
 Gerry & David Gray
 Jody Gosnell- In Memory
 of Uncle Pete
 Michele Gwin
 Laurie Hathaway
 Dr. Russell & Deborah Hildebrandt
 Sarah & Larry Huff
 Julia Jaeckels - In Memory of
 Jack E. Jaeckels
 Chris Jackson
 Janet Jennings
 Kayco Composites, LLC
 Pete Kelly
 Ron Keneipp
 The Kingsbury Family
 Kinley Construction Group, Ltd.
 Kiwanis Foundation of Arlington
 Todd Kowalewski
 Jeff Ladusau
 Samantha Manriquez
 Greg McCarthy
 Crystal McGill
 McGaw Brothers
 Automotive, Inc.
 William McNeill
 Carolina Medina
 NingNing Mei
 Alan & Moira Meyer
 Lesa & Joe Mills
 Gil Morehead
 Shelly Morgan

Whitney Overstreet
 Rajesh Padmanabhan
 Stan Ptaszkowski Doug
 Revved
 Jim Rushing Dustin
 Russell SAREA IPS,
 DNO &
 Maintenance Departments
 Barbara Seeger
 Dr. Sean Scott, Ed.D.
 Scotty Shallcross Roy
 Shanks
 Valerie & Steve Sharpshair
 Ryan Short
 Cleta Smith
 William D. Tatsch Jr.
 Texas Health Gives
 Todd Graves-Raising Cane's Truist,
 Inc.
 Richard Turner
 UBS Financial Services, Inc.
 Chase Wagon
 Weaver & Associates, Inc.
 Westlake Ace Hardware
 Ronald Wertz
 Grace Whetstone
 Shawn Whiddon
 Audrey Wick
 Mayor Jeff Williams
 Stacy Williams Lana
 Wolff
 Lisa Woolston
 Laurie & Harold Yablon
 Pam & Clay Young Trich
 Zaitoon



Each year the Arlington-Mansfield Area YMCA raises funds to make financial assistance available to those in need and to support critical programs that impact and strengthen our community. Many thanks to our 2016 donors who made all of this possible.
We are better together!



BETTER TOGETHER

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 Dr. Claude Cunningham
 Ed Dalheim
 Brenda Davidson
 Megan Fulbright
 Terry Gaines
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 James Hawthorne
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 Rodney H. Johnson
 Crystal McGill
 Jerry Mechell
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 Pete Kelly
 Bryan Sloan
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 President & CEO
Carola Cárdenas
 Director of Program Development & Quality Assurance
Lindsay Fernandez
 Director of Finance
Eddie Miranda Director of Marketing & Communications

Pam Young
 Director of Human Resources & Risk Management

FAMILY CENTER EXECUTIVE STAFF

Michele Culpepper
 Executive Director, Central YMCA
Patty Hagerty Executive Director, North YMCA
Irene Johnson
 Senior Executive Director, Cooper Street YMCA

OUR MISSION

To put Christian principles into practice through programs that build healthy Spirit, Mind and Body for all.

OUR LOCATIONS

COOPER STREET YMCA FAMILY CENTER

7120 S. Cooper St,
Arlington, TX 76001
(817) 419-9629

CENTRAL YMCA FAMILY CENTER

2200 S. Davis Drive,
Arlington, TX 76013
(817) 274-9622

NORTH YMCA FAMILY CENTER

1005 Skyline Drive,
Arlington, TX 76011
(817) 548-9622

ADMINISTRATION OFFICES

1148 W. Pioneer Pkwy, Suite H Arlington,
TX 76013
(817) 299-9629



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BETTER TOGETHER

